

A scenic view of a resort poolside area. In the foreground, a large, clear blue swimming pool is visible. Behind the pool, a deck is furnished with several lounge chairs and two large white patio umbrellas. The background is dominated by a row of tall, slender palm trees against a bright blue sky with wispy white clouds. The ocean is visible in the distance behind the trees.

# *Carillon Miami*

WELLNESS RESORT

CARILLON MIAMI WELLNESS RESORT | 6801 Collins Avenue, Miami Beach FL 33141  
HOTEL 866-800-3858 | THE SPA 866-276-2226 | RESERVATIONS 800-223-6800 | THE STRAND 305-514-7474  
CARILLONHOTEL.COM | @CARILLONHOTEL | #WELLNESSYOURWAY

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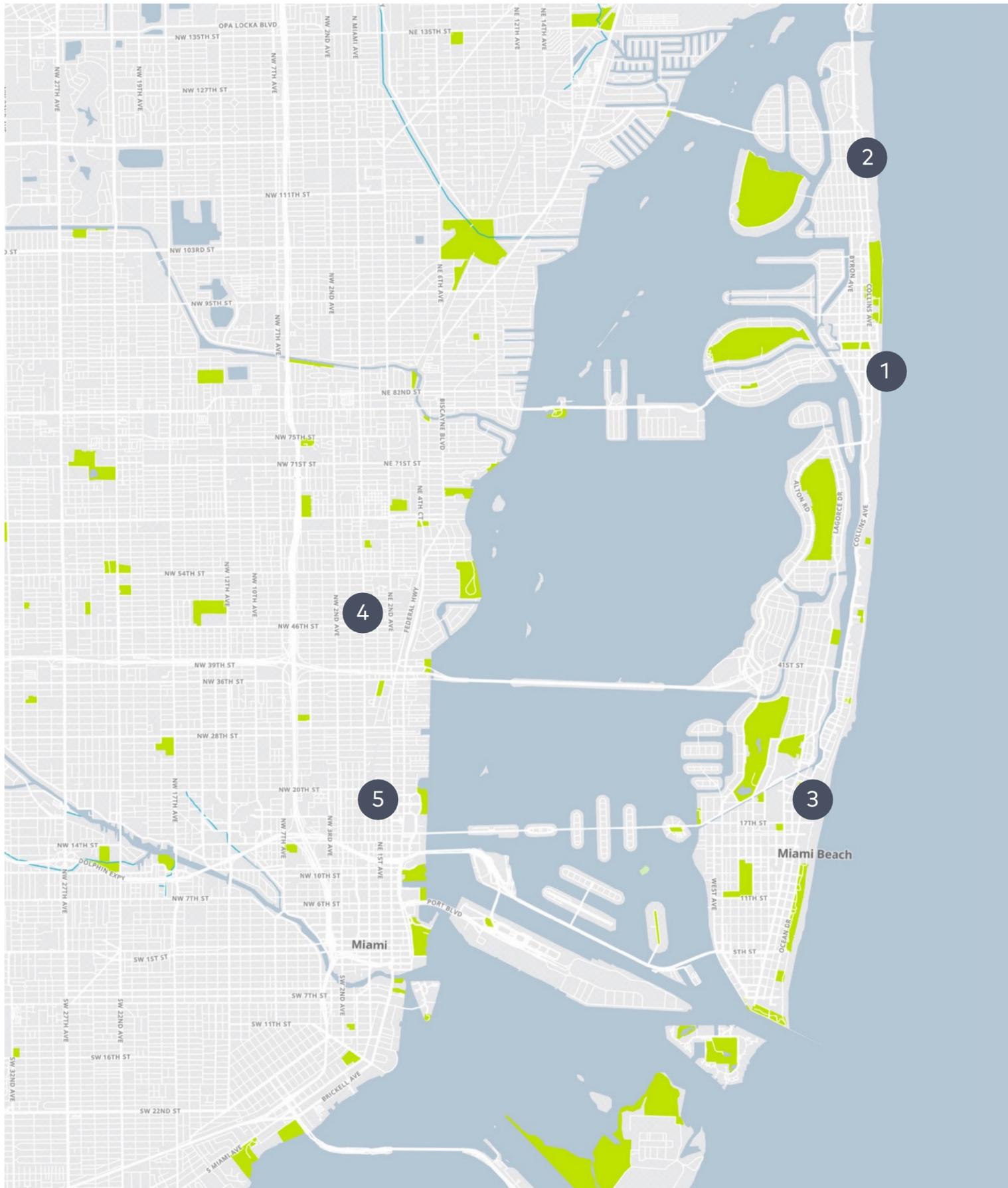
COME AS YOU ARE.  
LEAVE AS YOU'VE  
NEVER BEEN.

*Welcome to Carillon Miami Wellness Resort.*





*wellness your way.*



# LOCATION

## 1 CARILLON MIAMI

A central, untouched area of the beach offering a space to recharge, socialize, host an event, or be well

## 2 BAL HARBOUR

High-end shopping district

## 3 SOUTH BEACH

Where many of the famous clubs, restaurants and stores reside, including Lincoln Road Mall

## 4 WYNWOOD

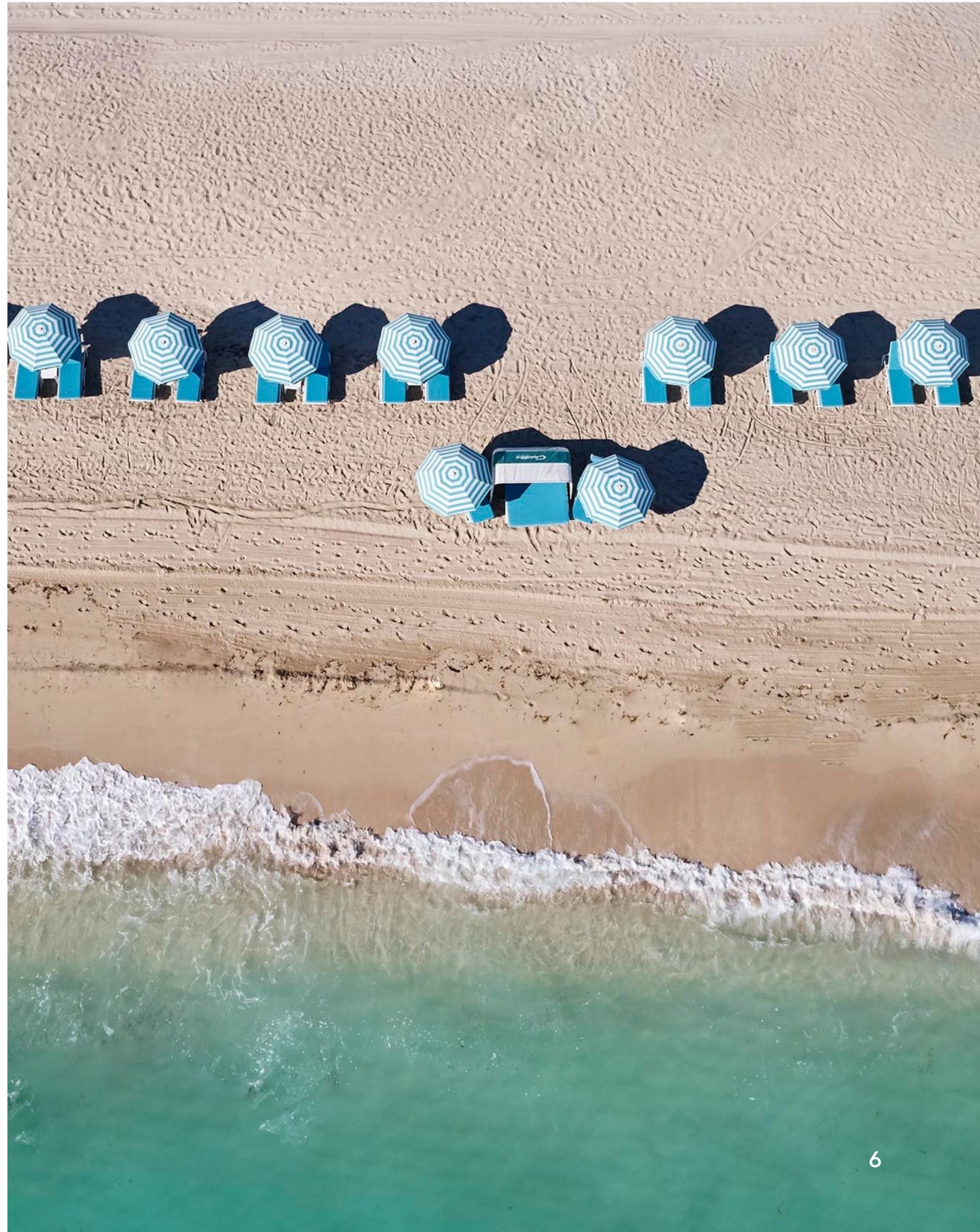
Emerging arts district known for its street murals with an up-and-coming cocktail culture and food scene

## 5 BRICKELL / DOWNTOWN MIAMI

Business district. Home of the Miami Heat

# KEY FACTS

- **70,000 sq. ft. Spa and Wellness Facility** - the Largest on the Eastern Seaboard, including a European-inspired Hydrotherapy Circuit with Nine Hot & Cold Thermal Experiences
- **150 One- & Two-Bedroom Luxury Apartments**
- **20+ Daily Group Fitness Classes**, Oceanfront Fitness Floor with State-of-the-Art Equipment, Private Training, Two-Story Indoor Rock-Climbing Wall
- **World-class physicians and wellness practitioners** including a board certified Plastic Surgeon, Acupuncture Physician, Holistic Therapist, Nutritionist, Relationship Therapist, Chi Master and Kung Fu Healer and more
- **750 Linear Feet of Beachfront** with Lounge Chairs & Umbrellas
- **Four Resort Pools:** Rooftop Adults-Only Salt Water Pool, Two Oceanfront Pools, and a Sunset Pool
- **Culinary Mindfulness:** The Strand, our oceanfront signature restaurant and bar; The Corner Store, a juice bar and café; Seaglass Café, for beach and poolside food and beverage offerings; and In-Suite Dining



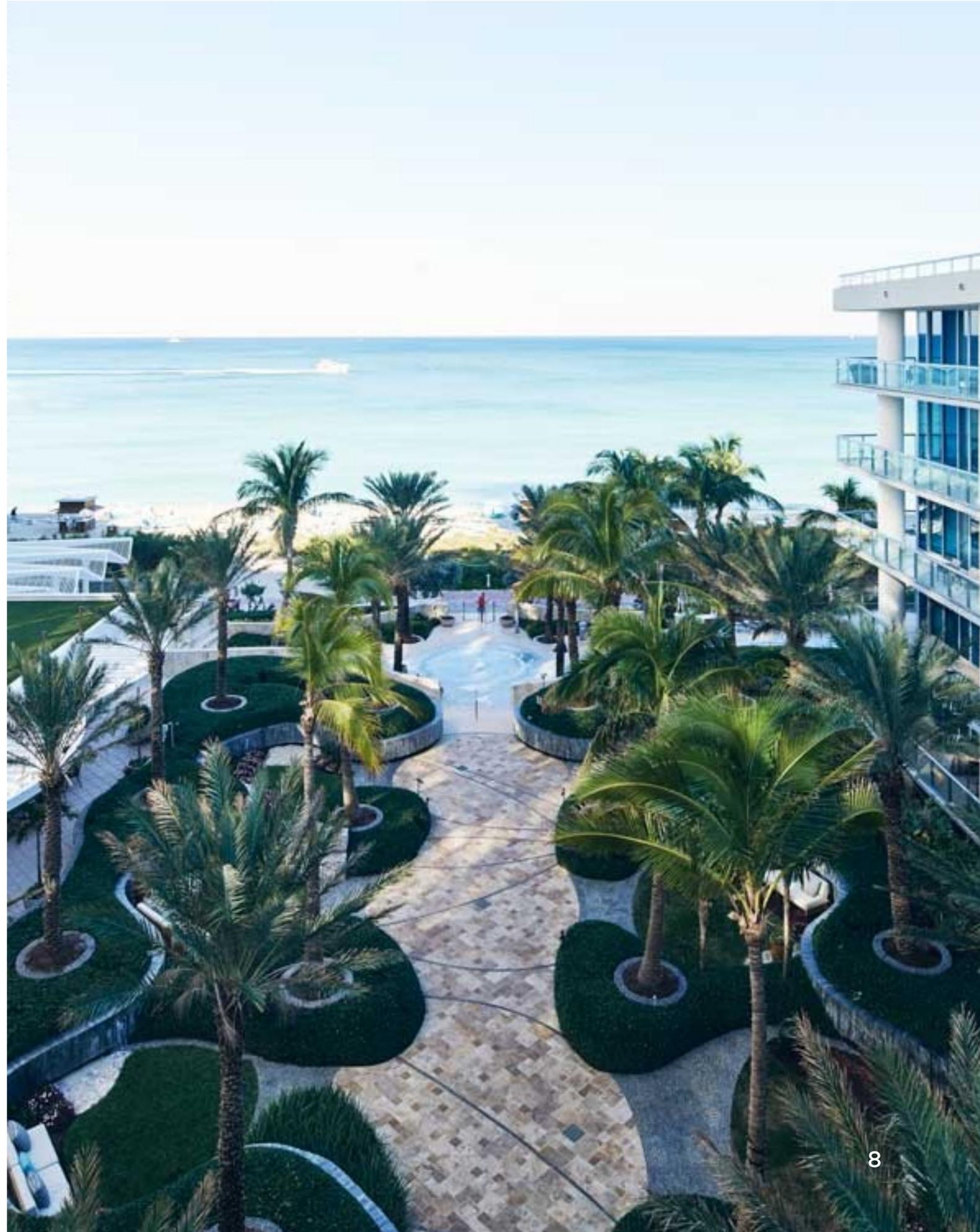
# WHERE WELLNESS MEETS BUSINESS

*A serene seaside environment fostering balance to awaken energy,  
making it the perfect setting for a productive business meeting.*



# FOR YOUR GROUP

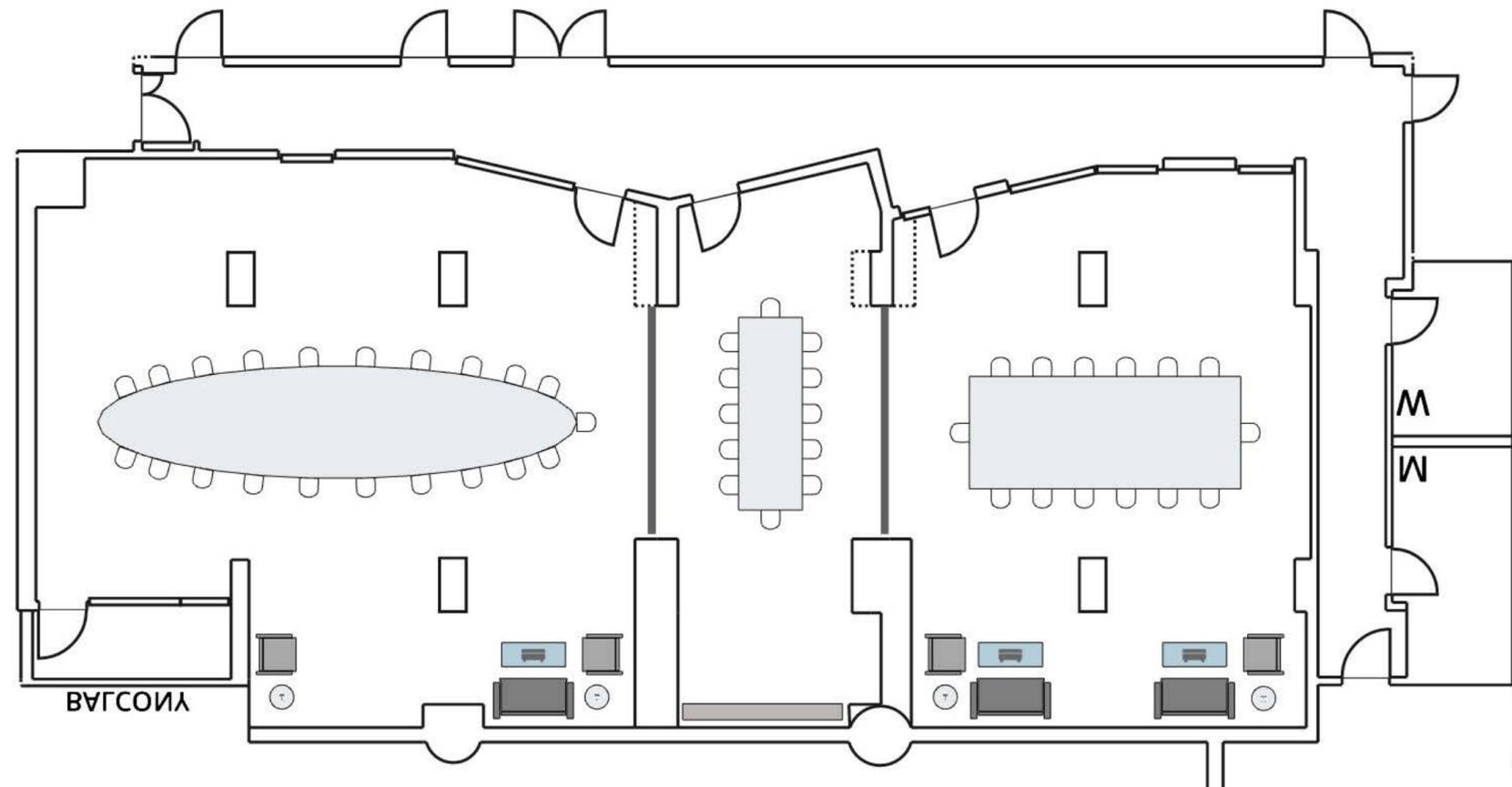
- 15,000 sq. ft. total indoor and outdoor meeting and event spaces – unique spaces where wellness meets business.
- Inspiring group wellness packages available for unique and awakening experiences
- Variety of indoor spaces with natural light contributing to healthy circadian rhythms
- Healthy meal options to eliminate fatigue and boost concentration
- Wellness breaks to refuel and a multitude of group activities for greater energy and engagement
- Situated just 25 minutes from Miami International Airport and 45 minutes from Fort Lauderdale–Hollywood International Airport.



# ATLANTIC ROOM I, II & III

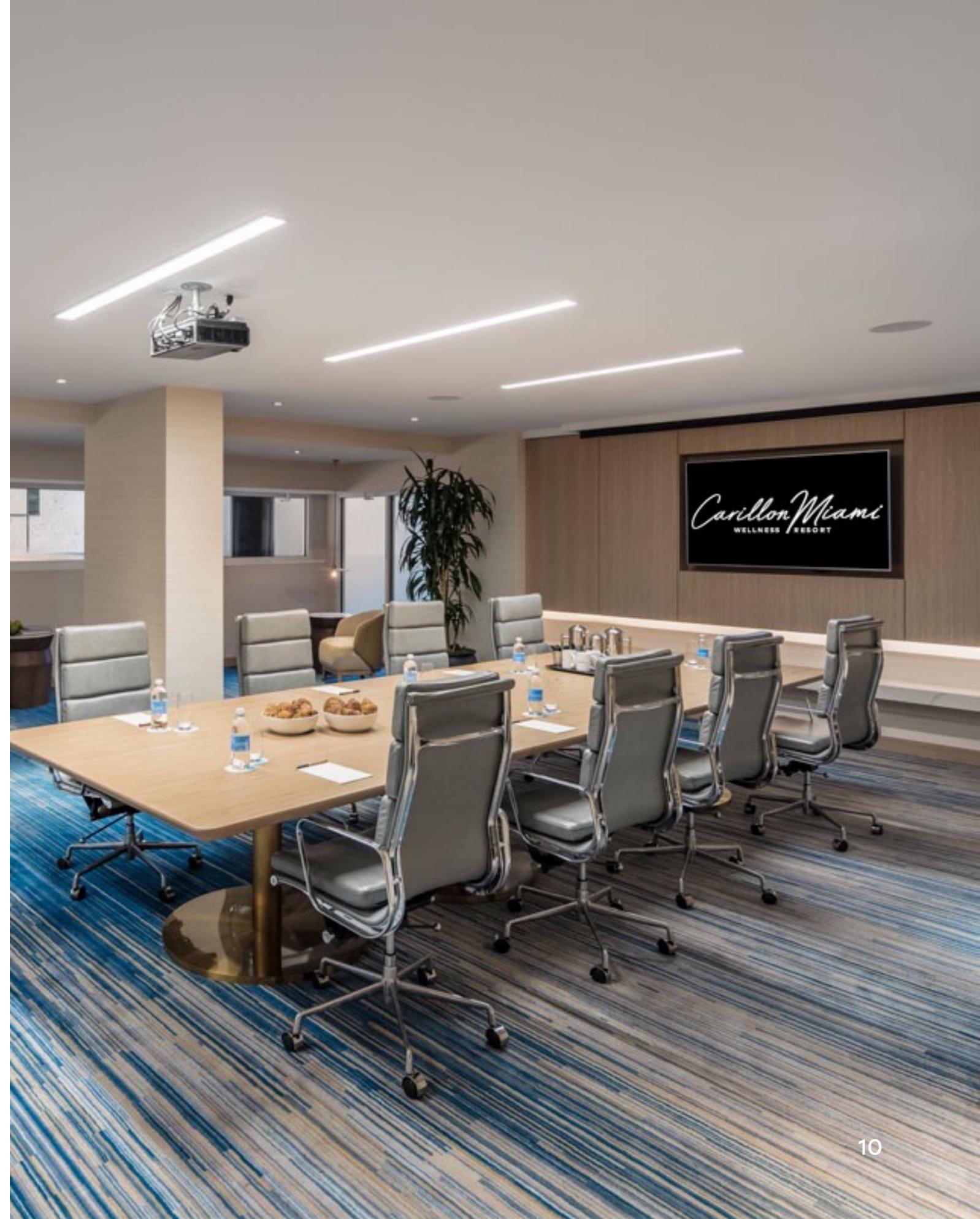
Located on the second floor, Atlantic Rooms I, II and III are ideally suited for board meetings, conferences and breakout sessions. This renovated private space has your tech needs covered, with a flat-screen TV, background music, and Wi-Fi. Atlantic Room separates into three distinct spaces, making it exceedingly convenient for breakout discussions.

3 distinct spaces separated by air walls | Total sq. ft. 2,690



# ATLANTIC ROOM I

- 928 Square Feet
- 14 ft. of available space between columns
- 25 ft. of available space between TV to Air wall
- Natural light and LCD TV
- Capacity: 30 Classroom | 50 Theater



# ATLANTIC ROOM III

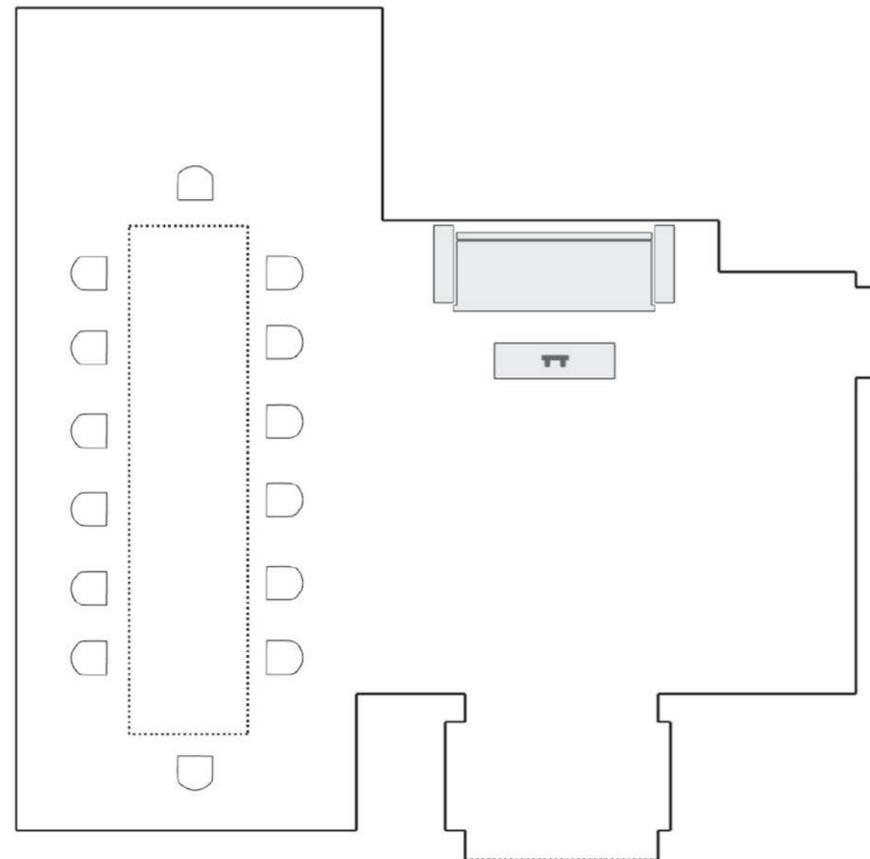
- 660 Square Feet
- 14 ft. of available space between columns
- 24 ft. of available space between TV to Air wall
- Natural light, TV, LCD projector and visual screen
- Capacity: 18 Classroom | 24 Theater



# TAMBOURINE ROOM

Our private dining room is located right next to our restaurant. This room is an ideal breakout space as well as an event or meeting space.

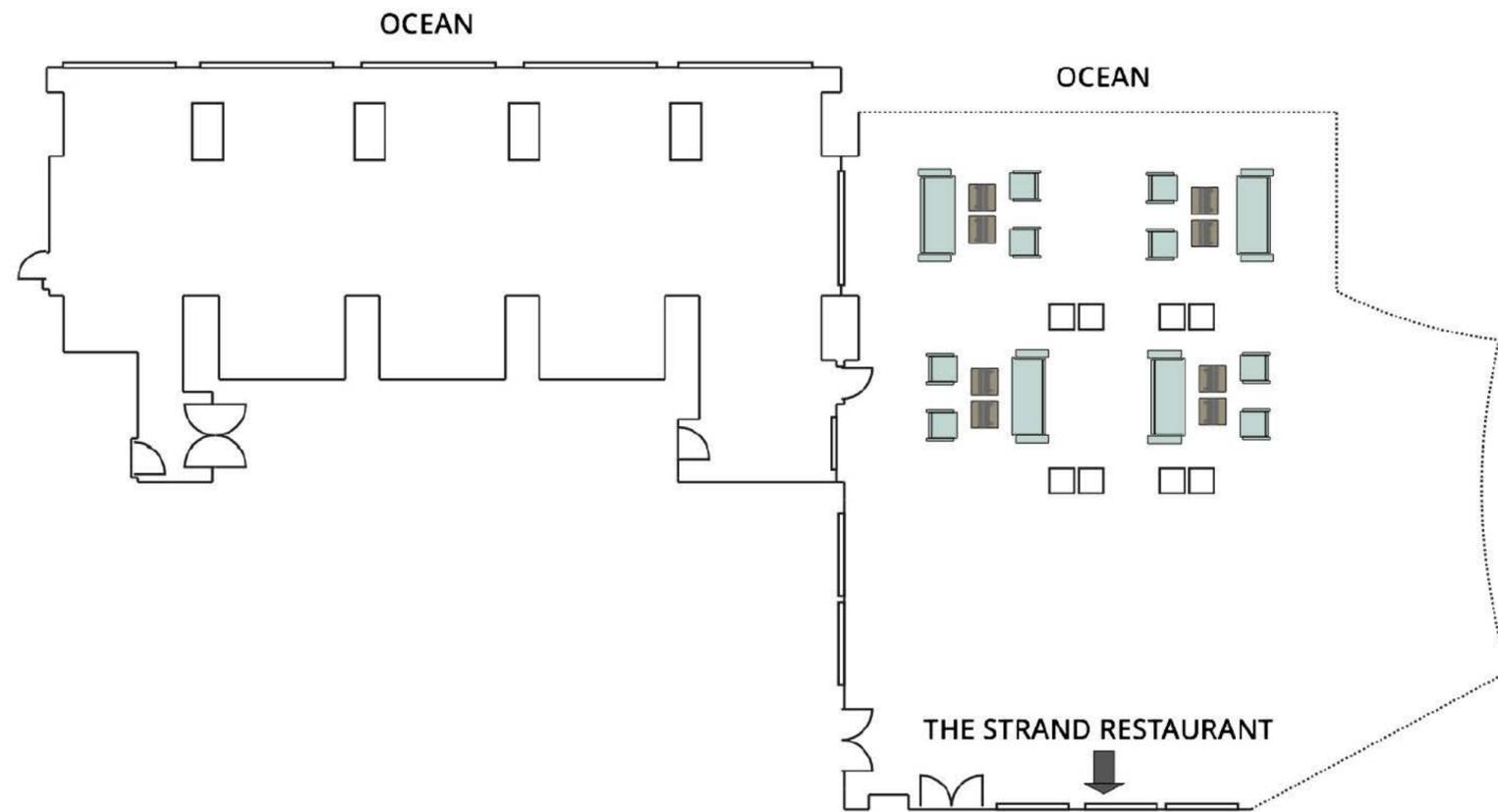
- 750 Square Feet
- Existing table with electrical outlets
- Located inside The Strand restaurant
- LCD TV
- Capacity: 22 Conference



# OCEAN TERRACE & GALLERY

Steps away from Carillon Miami's beach, the reimagined Ocean Gallery and Terrace are the closest beachfront lounge in Miami. With indoor and outdoor seating overlooking the Atlantic Ocean, the Ocean Terrace & Gallery is the ideal setting for intimate breakfast, lunch, brunch, cocktails and light bites to private events

Oceanfront event spaces | Total sq. ft. 3,810



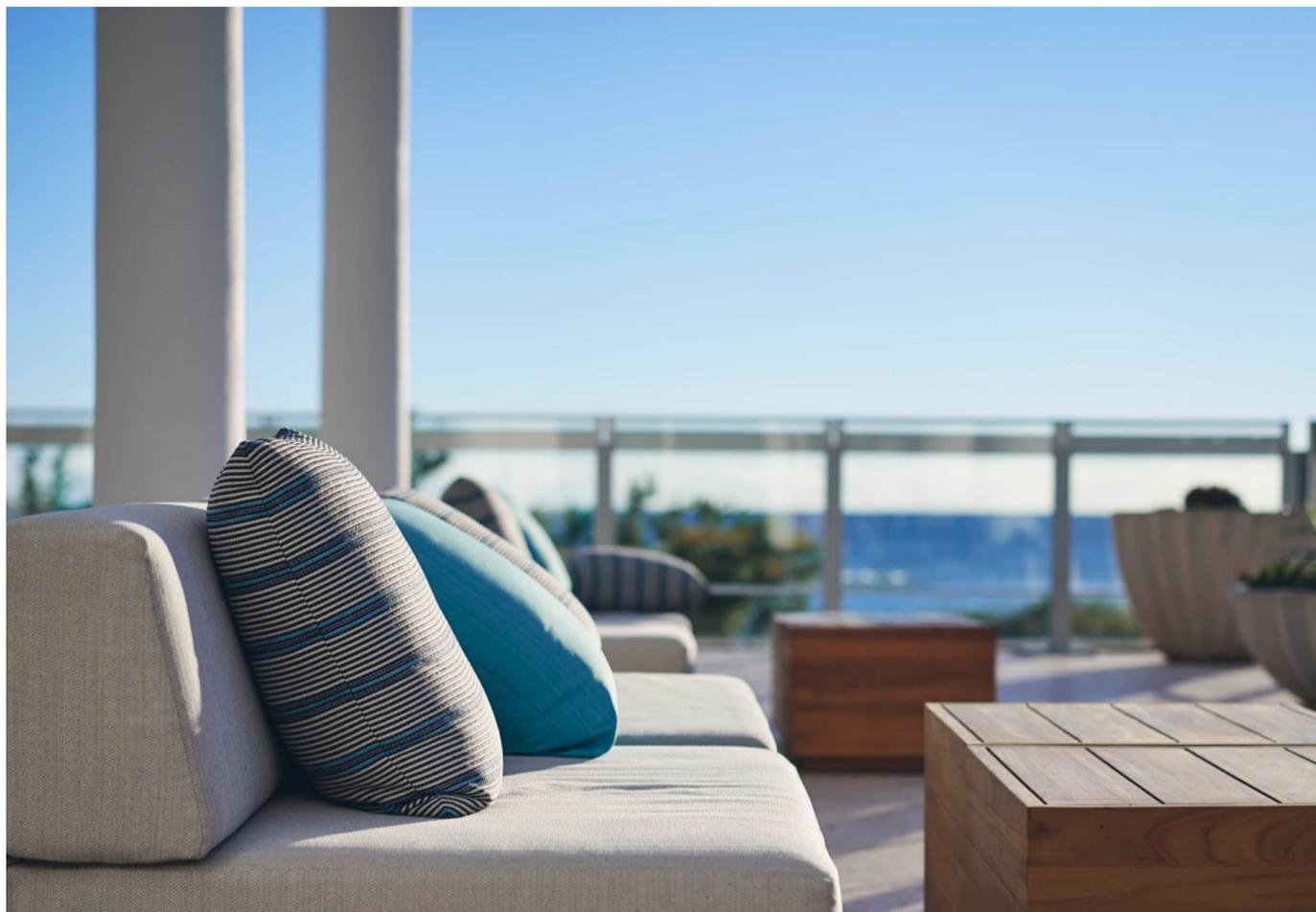
# OCEAN GALLERY

- 840 Square Feet
- Full Oceanfront Views
- Abundance of daylight
- Capacity: 72 Rounds | 50 Boardroom | 100 Reception



# OCEAN TERRACE

- 2,970 Square Feet
- Full Oceanfront Views
- Outdoor Space
- Capacity: 100 Rounds | 150 Reception



# THE STRAND

Enjoy a Mediterranean contemporary dining experience with cuisine inspired by Executive Chef Simon Apollonio's Italian roots. Our carefully crafted menu sources ingredients from local farms and places a spotlight on Florida's organic community. Take a seat at The Strand's contemporary indoor/outdoor space that sits directly at the ocean's edge.



# WINE LOUNGE

Parallel to its oceanfront counterpart, The Wine Lounge unfolds as a must prerequisite for either informal or intimate gatherings. Host an intimate social event with a wine tasting, a lecture, gathering or meeting.

- 594 sq. ft.
- Located inside The Strand restaurant
- Capacity: 40 Reception | 18 Conference



# NORTH TOWER LAWN

- 4,675 sq. ft.
- Outdoor Space
- Full Oceanfront Views
- Capacity: 150 Rounds | 200 Reception | 150 Theater





# CAPACITY CHART

	DIMENSIONS	SQ FT	BANQUET	RECEPTION	THEATER	CLASSROOM	BOARDROOM
ATLANTIC ROOM		2,690	76	100	120	72	
ATLANTIC I	38'X35'	1,330	40	50	64	24	20
ATLANTIC II	34'X14'	476	16	25	24	12	10
ATLANTIC III	34'X26'	884	40	40	75	36	20
OCEAN TERRACE	54'X55'	2,970	100	150	150		48
OCEAN GALLERY	70'X12'	840	72	100			50
PALM COURT	125'X65'	8,125	64	150	150		60
ATLANTIC POOL	120'X60'	7,200		150	150		
CABANA POOL	156X47	7,332	100	150	150		36
SUNRISE POOL	160'X55'	8,800	96	150	150		24
SEAGRAPE TERRACE	46'X41'	1,886	24	40			18
TAMBOURINE ROOM	27'X28'	756	20	40			20
WINE LOUNGE	22'X27'	594	24	40	32	18	18
OCEAN STUDIO	75'X22'	990	60	80	80	60	48
SUNRISE STUDIO	33'X21'	693	24	40	40	18	18
HORIZON ROOM	27'X18'	486	24	40	32	18	18
NORTH TOWER LAWN	85'X55'	4,675	150	200	150		80
THE CIRCLE	22'X15'	330			32		
<b>TOTAL SQFT</b>		<b>51,057</b>					

# GROUP ACTIVITIES



## YOGA

Whether you are a beginner or an experienced Yogi, our assortment of styles and levels offers something for everyone.



## CYCLING

Pedal through hill climbs, sprints and many other challenging drills and exercises for a great cardiovascular work-out.



## GYROKINESIS

The Gyrokinesis Method, originally called 'Yoga for Dancers,' utilizes flowing movements with corresponding breath patterns to increase the functional capacity of the entire organism.



## BOOT CAMPS

Based on military techniques, these intense classes will make you physically stronger with increased endurance.



## DANCE

From popular Zumba—to Ballroom Dance Classes—to less-known Kukuwa® African Dance, we'll get your toes tapping and heart pumping in these fun and effective workouts.



## BOXING

Our boxing classes cover the fundamentals of footwork, punches and kicks for beginners—to complex strikes and combinations for more advanced levels.



## AQUATICS

From Aqua Aerobics to Master Swim classes – our fitness and H2O immersion offerings will please your inner water baby.



## ROCK WALL

Two-story indoor rock wall. A fun, cardio and strength training challenge.



## MEDITATION

Learn various techniques to assist you in formulating your own meditation practice.

# LUXURY APARTMENTS

*Welcome home.*



# KEY FACTS

- Spacious floor plans ranging from 720 sq. ft. – 1,200 sq. ft. / 66 - 111 sq. M.
- Floor-to-ceiling windows through out the apartment
- Full gourmet kitchen with all of the necessities for quick and healthy meals including high-end KitchenAid and Miele appliances
- iPad in-room guides with Concierge Services
- Upgraded spa inspired bathroom with a deep soaking tub and walk-in rain shower plus a seated makeup vanity
- Bath amenities by emerginC. Natural, organic and cold-pressed ingredients with a brand mission to source ingredients ethically and sustainably wherever possible and include fair trade ingredients.



# LUXURY APARTMENT DESCRIPTIONS



## ONE BEDROOM

### CARILLON KING

780-950 sq. ft./72-88 sq. m.

One King Bed

City View

*ADA units available*

### KING LUXURY APARTMENT

840 sq. ft./78 sq. m.

One King Bed

Partial Ocean View

### BALCONY KING LUXURY APARTMENT

720 sq. ft./67 sq. m.

One King Bed

Balcony with Ocean View

### CARILLON QUEEN

780-950 sq. ft./72-88 sq. m.

Two Queen Beds

City View

### QUEEN LUXURY APARTMENT

840 sq. ft./78 sq. m.

Two Queen Beds

Partial Ocean View

*ADA units available*

### BALCONY QUEEN LUXURY APARTMENT

920 sq. ft./86 sq. m.

Queen Size Bed

Balcony with Oceanfront View

**MAXIMUM OCCUPANCY** Apartment: 4 guests

**EACH ONE-BEDROOM LUXURY APARTMENT FEATURES** Living room area, Fully equipped kitchen with mini-fridge and microwave, Spacious bathroom with walk-in rainfall shower, deep soaking tub and vanity area, Floor to ceiling windows

**AMENITIES INCLUDE** Frette linens, Plush bathrobes and slippers, Flat screen HDTVs, Turndown service

# LUXURY APARTMENT DESCRIPTIONS CONTINUED



## TWO BEDROOM

### CARILLON LUXURY APARTMENT

950 sq. ft./88 sq. m.  
One King Bed and One Queen Bed  
City View

### BALCONY LUXURY APARTMENT

1140 sq. ft./106 sq. m.  
One King Bed and Two Queen Beds  
Two Balconies with Partial Ocean Views

### BALCONY OCEANFRONT LUXURY APARTMENT

1200 sq. ft./111 sq. m.  
One King Bed and Two Queen Beds  
Balcony with Oceanfront View

**MAXIMUM OCCUPANCY** Apartment: 6 guests

**EACH TWO-BEDROOM LUXURY APARTMENT FEATURES** Living room area, Fully equipped kitchen with mini-fridge and microwave, Spacious bathroom with walk-in rainfall shower, deep soaking tub and vanity area, Floor to ceiling windows

**AMENITIES INCLUDE** Frette linens, Plush bathrobes and slippers, Flat screen HDTVs, Turndown service







# HEALTH & HEALING

*Your path to optimal health begins here with a team of medical doctors and wellness experts.*

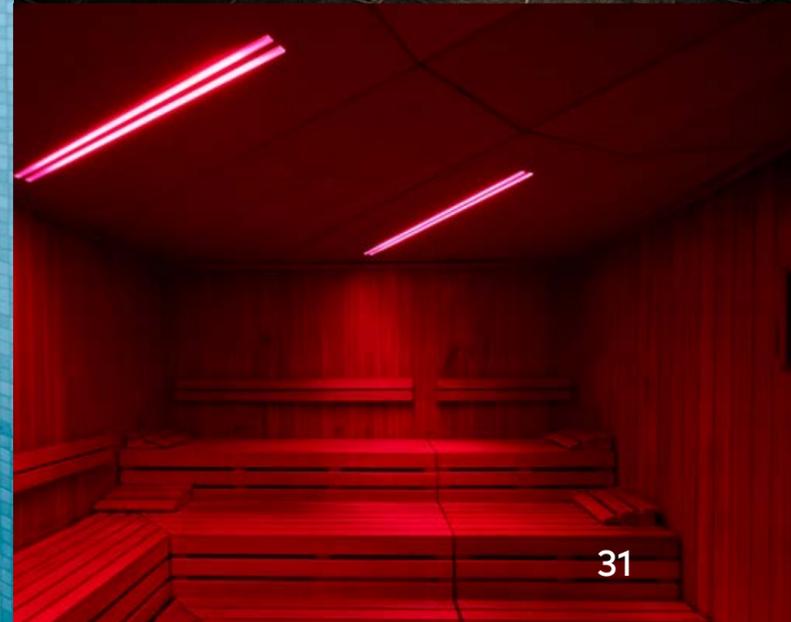
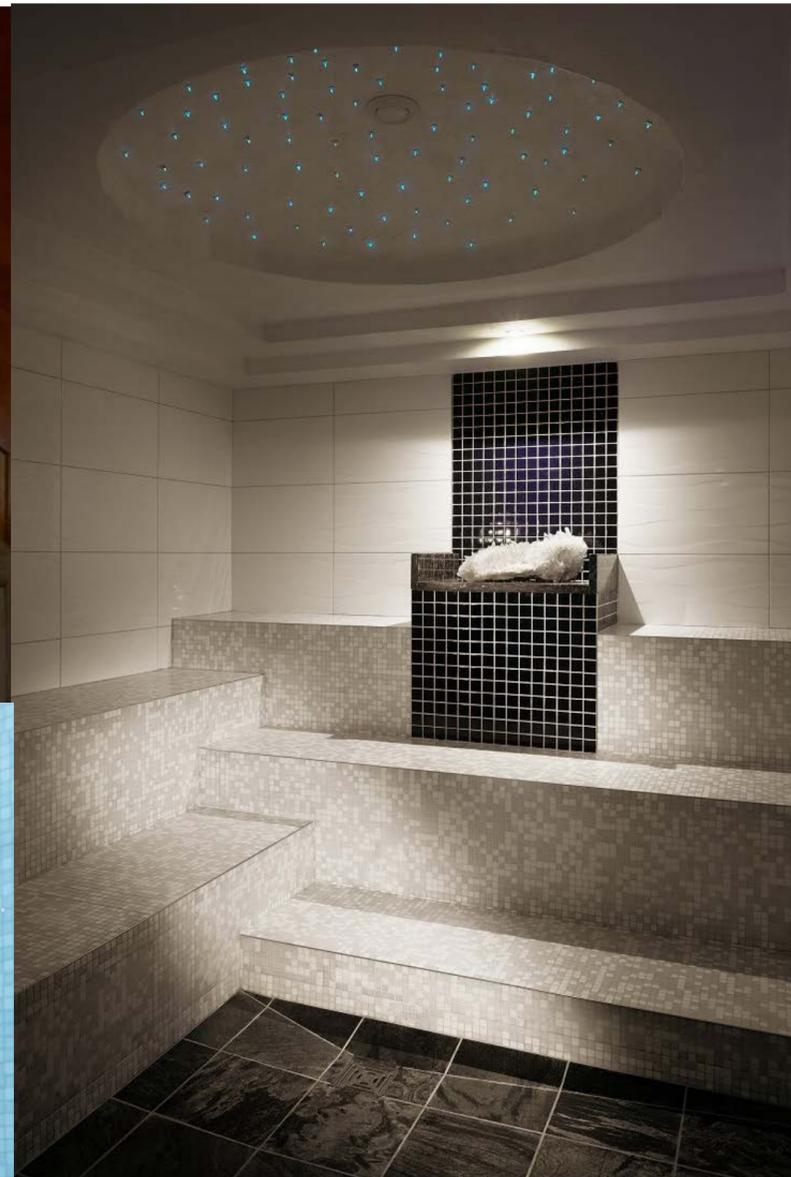


# THERMAL HYDROTHERAPY CIRCUIT

Move between hot and cold hydrothermal therapy suites to stimulate circulation, bring relief from pain, decrease stress and rejuvenate your body. Daily access to the Thermal Hydrotherapy Circuit is included with the resort fee.

1. Thermal Loungers
2. Vitality Tub
3. Experiential Rains
4. Foot Spa
5. Crystal Steam Room
6. Atlantic Spa Pool
7. Herbal Laconium
8. Igloo
9. Finnish Sauna





# EXERCISE & MOVEMENT

*From Personal Training, a Two-Story Indoor Rock Climbing Wall, 20+ Daily Group Fitness Classes including yoga, dance, Pilates, HIIT, boxing, boot camp, cycling and more there is no shortage of movement.*





# MEDICAL & WELLNESS EXPERTS



JAMES STERN M.D., F.A.C.S.  
CHIEF PLASTIC SURGEON AT  
MEMORIAL HOSPITAL



VLADIMIR TUROVSKIY A.P.  
ACUPUNCTURE PHYSICIAN



STACI SHACTER  
M.S. R.D. L.D.N.  
NUTRITIONIST



CAROLINA PATAKY  
P.H.D. L.M.F.T.  
RELATIONSHIP & SEX THERAPIST



ELAINE KROYTOR  
HOLISTIC THERAPIST



ANDREY ROSSI  
NAD+ IV THERAPY



SHANEQUA FLEMING M.B.A.  
EXECUTIVE LIFE COACH



RICARDO KMENTT  
ENERGY HEALER



SIFU MATTHEW  
CHI & KUNG FU HEALER

*Services and offerings may be provided by third party consultants.*

# SUN & SAND

*In Miami, it's important it is to be poolside or to dig your toes in the sand. Carillon Miami boasts 4 oceanfront resort pools and 750 linear feet of beachfront to make sure you and your clients have plenty of options and opportunities to soak up the sun.*





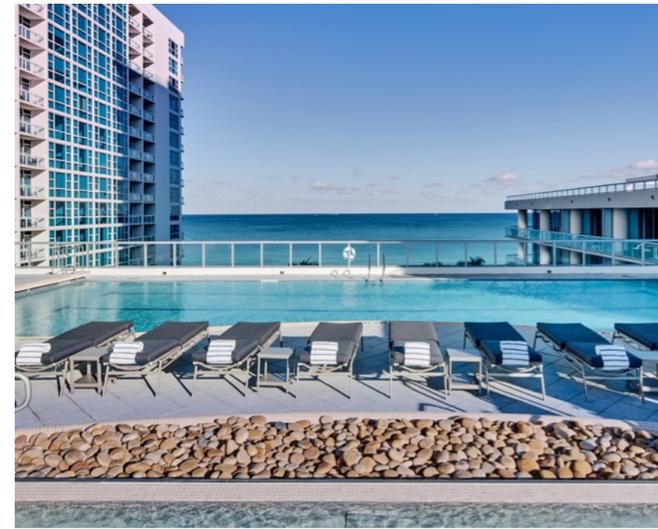
## SUNRISE POOL

Wake up to a mesmerizing ocean sunrise during a morning lap session at The Sunrise Pool. Located on the east side along the ocean, you can always catch the sound of the waves while enjoying the the refreshing turquoise waters.



## CABANA POOL

Refresh at perfect for sunbathing and enjoying refreshments from the Seaglass Cafe. It is located on the east side of the South Tower, along the ocean with access to the Seaglass Cafe's menu of refreshing culinary selections.



## ATLANTIC POOL

The adult-only Atlantic Pool rests on the rooftop of the resort's 5th floor. Get there directly from The Spa to take an aqua class or just sunbath with the stunning ocean views and includes your final thermal experience, the Spa Pool.

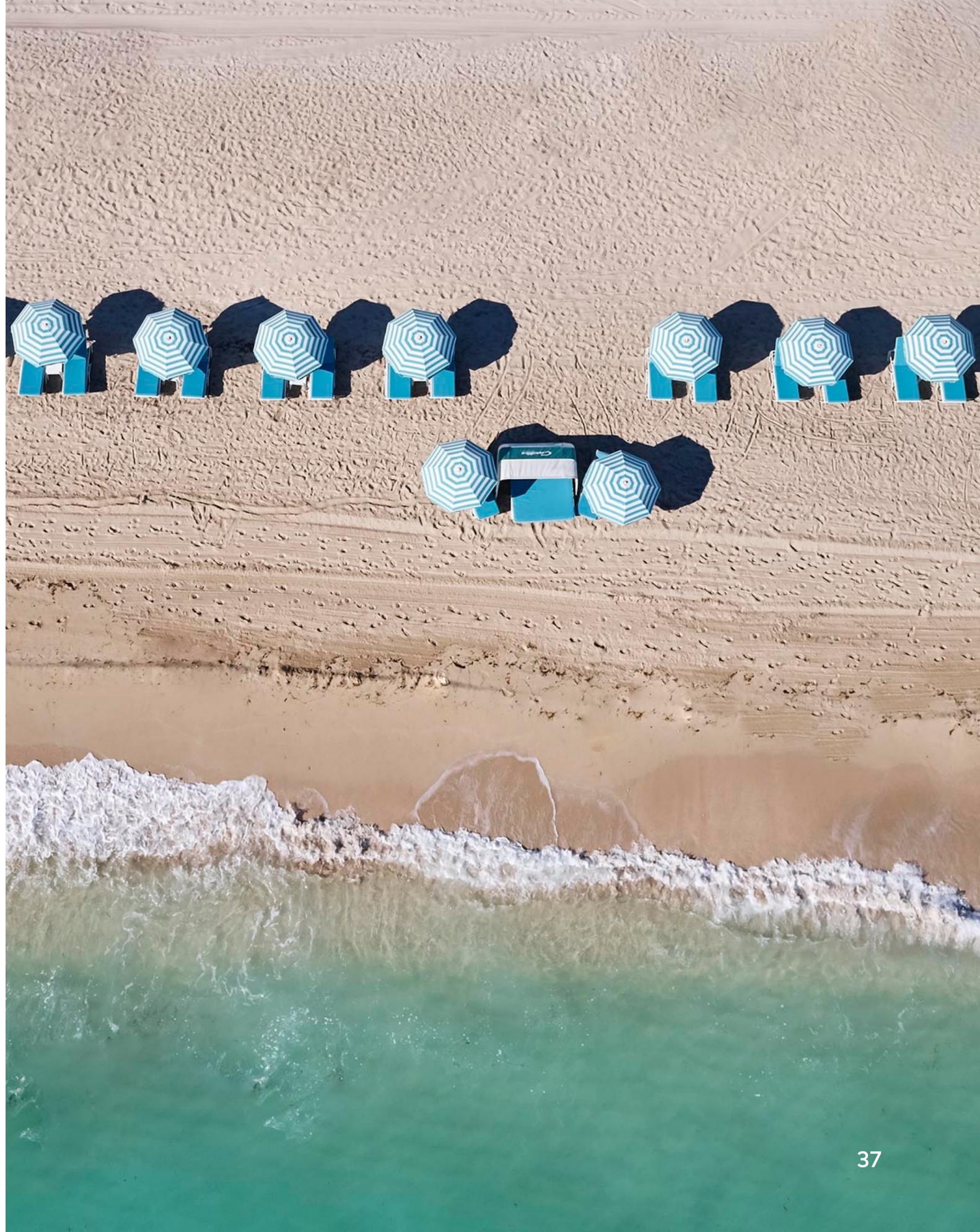


## SUNSET POOL

Located on the 6th floor of the North Tower, the Sunset Pool is the ideal place to catch the sun in the afternoon or end the day watching the sun descend over the Miami skyline.

# BEACH

Carillon Miami Wellness Resort is situated along 750 linear feet of Atlantic beachfront. The resort provides guests with direct access to the beach, as the hotel is footsteps from the ocean. Guests can enjoy beachside dining from the Seaglass Cafe.



# CULINARY MINDFULNESS

*Refuel with the right ingredients.*





## THE STRAND

Enjoy a Mediterranean contemporary dining experience with cuisine inspired by Executive Chef Simon Apollonio's Italian roots. This carefully crafted menu places a spotlight on Florida's organic community. Take a seat at The Strand's contemporary indoor/outdoor space that sits directly at the ocean's edge.

*\*Food as Medicine Menu  
Launching February 2020*



## THE CORNER STORE

This juice bar & café is the perfect spot to fuel up pre or post work out. Get your nutritional punch with freshly made juices and smoothies designed to maximize health benefits, ranging from increased energy to detox to weight loss. Healthy eats are also available at this refreshing outpost, so you don't ruin all your hard work.



## SEAGLASS CAFE

Poolside or beachside, enjoy freshly prepared salads and sandwiches, or sip frozen cocktails, from the Seaglass Cafe, located at the Cabana Pool Bar. Snacking and relaxing go together.



## IN SUITE DINING

Serving breakfast, lunch and dinner for the convenience of our guests. Day or night, savor popular selections from The Strand, freshly prepared and delivered directly to our guests.

# AWARDS & AFFILIATIONS

*Igniting the spirit of community through meaningful partnerships.*





# DEPARTURES

*BEST WELLNESS EXPERIENCE  
2019 Legend Awards*

# SHAPE

*BEST HOTEL GYM  
2019 Travel Awards*

# american spa

*BEST SPA  
2018 Global Spa & Wellness Awards*

# Condé Nast Traveler

*#1 RESORT IN FLORIDA  
2017 & 2018 Reader's Choice Awards*

# TRAVEL+ LEISURE

*The perfect sanctuary for  
anyone who wants to  
improve their wellbeing and  
quality of life from  
the inside out."*

# MEN'S JOURNAL

*"This Miami Resort is  
where you should  
go to escape  
from it all."*

# NEW YORK POST

*"This Miami Beach spa has it all."*

# TOWN&COUNTRY

*"The Best White Sand  
Beaches in the World."*

# O

THE OPRAH  
MAGAZINE

*"The best wellness retreats  
to restore your mind,  
body, and soul."*



*Thank You and Healthy Regards.*

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